



# Berthoud Parks & Recreation

**FALL ACTIVITY GUIDE 2025**

**REGISTRATION BEGINS JULY 1**





# GET CONNECTED

## How to Register



### ONLINE

Download the DaySmart Recreation Member app to view your scan tag and sign up for classes, teams, camps, events and more!



[CREATE AN ACCOUNT](#)



### IN PERSON

Berthoud Recreation Center  
1000 N. Berthoud Parkway  
Berthoud, CO 80513



### BY PHONE

970-532-1600

## How to Connect With Us



[facebook.com/BerthoudREC](#)



[@berthoudrecreation](#)



Recreation Monthly E-newsletter



Town Monthly E-newsletter



Weather Line: 970-622-2524



[recreation@berthoud.org](#)



970-532-1600



1000 N. Berthoud Pkwy.  
Berthoud, CO 80513  
[www.berthoud.org](#)

## Contacts

### OPERATIONS – Steve

[shensley@berthoud.org](#)

### AQUATICS – Luke

[ldiede@berthoud.org](#)

### SPORTS – Jacquelyn

[jcuba@berthoud.org](#)

### FITNESS

[recreation@berthoud.org](#)

### MARKETING &

### SPONSORSHIPS – Connor

[cmartin@berthoud.org](#)

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## Community Calendar

*Click the links below to learn more about some of Berthoud's local nonprofit and government partner events and activities*

### Town of Berthoud

[berthoud.org/1402/community-calendar](#)

### Berthoud Community Library

[berthoudcommunitylibrary.org/events-classes](#)

### Berthoud Historic Society

[berthoudhistoricalsociety.org](#)

### Berthoud Chamber of Commerce

[berthoudcolorado.com/events/eventcalendar](#)

### Berthoud Local

[berthoudlocal.wixsite.com/berthoudlocal/events-1](#)

### Wildfire Arts Center

[wildfirearts.org/calendar](#)

# DIRECTOR'S CORNER



Amanda Gustafson

SOON, THE LEAVES will change, and the air will turn crisp. As we begin the transition from swimsuits to snowsuits, we're excited to bring you another season of programs, events, and activities to help you stay active, connected, and engaged. Whatever you're interested in youth sports, fitness classes, aquatic programs, or community events like our Zombie Run and the Winter Craft Fair, there's something for everyone this fall.

Adult sports are stepping it up! Berthoud Recreation's Adult Co-Ed and Women's Volleyball leagues are growing and now offer both recreational and competitive divisions to fit your playing ability. Whether you're looking for a fun, casual game or a high-energy, competitive match, we've got a place for you on the court. For full details, check out page 18 of this activity guide and register now to secure your spot!

If you're over 60 and want to express your ideas and engage more with others, join our senior activity focus group. You'll meet once a month to brainstorm ideas for engaging

activities, seminars, and classes. Want to have a seniors-only disco night that ends at 7:00pm? Tell us! We want to hear from you. See page 19 for more information, or call 970-532-1600 to connect with our Recreation Coordinator, Jacquelyn Cuba, and join this group of movers and shakers.

And finally, mark your calendars for a brand-new holiday tradition: A Very Merry Berthoud! On December 6, 2025, the Town of Berthoud, in collaboration with the Downtown Berthoud Merchant Collaborative, Wildfire Arts Center, Berthoud Historical Society, and the Berthoud Chamber of Commerce, will transform Fickle Park and downtown Berthoud into a winter wonderland. Enjoy a festive day and evening filled with sparkling lights, a visit from Santa, delicious food, a charming frozen parade down Main Street, and plenty of local shopping opportunities. It will be a magical night you won't want to miss as we light up the town with holiday cheer!

Let's make this fall fun, active and memorable!

Sincerely,  
Amanda Gustafson  
Director of Recreation and Cultural Services





FOR  
QUESTIONS  
CLICK  
HERE

# MEMBERSHIPS & ADMISSIONS

The Town of Berthoud welcomes you to the Berthoud Recreation Center at Waggener Farm Park. This 60-acre site offers an open space area, trails, multipurpose athletic fields, playground, outdoor gathering space, basketball, volleyball, indoor and outdoor pickleball courts, a child watch area, a state-of-the-art aquatics center, and indoor and outdoor fitness areas.

## Facility Hours

Mon-Fri 5:00 am-9:00 pm  
Saturday 7:00 am-8:00 pm  
Sunday 11:00 am-8:00 pm

## Child Watch Hours

Mon-Thurs 8:00am-2:00 pm  
and 5:00 pm-8:00 pm  
Friday 8:00 am-2:00 pm  
Saturday 10:00 am-1:00 pm  
Ages: 6 months - 9 years  
1.5 hour stay, \$3.50 per child, members free

## Open Swim\* - See Page 13

Mon / Wed / Fri 12:00 pm-8:00 pm  
Tues / Thurs 12:00 pm-4:15 pm  
Sat-Sun 11:00 am-7:00 pm

\*Pool closes at 6:00 pm the 1st Sunday of every month for lifeguard training

\*\*One lap lane available due to programming Wed/Fri 10:45-11:45am

## Lap Swim

Mon / Wed / Fri 5:00 am-12:00 pm\*\*  
Tues / Thurs 5:00 am-12:00 pm  
Tues / Thurs 7:00 pm-8:00 pm

## Holiday Hours and Closures

July 3	Open until 4:00 pm	3rd of July Firework Show
July 4	Open until 6:00 pm	Independence Day
August 18-24		Closure for annual facility maintenance
August 14-September 3		Closure for annual facility maintenance
September 20	Closed at 5:30 pm	Father Daughter Dance

## FAMILY MEMBERSHIP FEES\*

(1-2) Adults  
(1-4) Children\*\*

Annual: \$780

Monthly: \$65

\*\*Charges apply for additional children in the family pass.

## ADULT MEMBERSHIP FEES\*

Ages 16-59

Annual: \$540

Monthly: \$45

## SENIOR MEMBERSHIP FEES\*

Ages 60+

Annual: \$324

Monthly: \$27

## YOUTH MEMBERSHIP FEES\*

Ages 6-15

Annual: \$324

Monthly: \$27

## DAILY ADMISSION

Child 5 & Under  
\$3.00

Youth 6-15  
\$5.50

Adult 16-59  
\$7.00

Senior 60+  
\$5.50

20-Visit Punch Pass  
\$126.00

\*Application fees apply to new memberships: \$60 for a family and \$30 for an individual.

## Pass Information

- Annual memberships are discounted and paid in full. Refunds are only available for medical reasons or relocation, and documentation must be provided.
- Adult memberships include child watch.
- To cancel a monthly membership, a cancellation fee will apply.
- Spectators must pay a drop-in fee to attend drop-in activities, regardless of participation.
- 20-visit punch passes expire one year from the date of purchase and are non-refundable.
- Annual memberships that have lapsed for 30 days are required to pay an application fee upon renewal.
- Bring your member ID to the Recreation Center to register for your **Renew Active, One Pass, SilverSneakers, or Silver&Fit** membership.

## STUDENT SUMMER SPECIAL



3-month membership for \$99.  
Purchase between May-July.  
Student I.D. is required.



# FACILITY RENTALS

CLICK HERE  
TO RESERVE  
YOUR NEXT  
EVENT!

## PARTY PACKAGES



### Birthday Party Package

Parties include admission for 20 people and a one-hour party room rental for up to 40 guests. Additional children are \$11 each. Bookings can only be reserved during open swim hours.

**\$155 1st hour  
\$78 2nd hour**

#### Including:

- ✓ Private room
- ✓ Pool access from party room
- ✓ Fridge and sink
- ✓ Outdoor patio access
- ✓ Custom room setup available



### Pool Party Package

Rent out our entire pool complex for your private gathering! Please note that date and time restrictions may apply, and a minimum of three weeks' notice is required for bookings.

**\$250 per hour  
two hour minimum**

#### Including:

- ✓ Access to the patio
- ✓ All water ammenities
- ✓ Lifeguards on duty
- ✓ Slide attendant on duty
- ✓ The Party Room can be included for an extra fee



### Nerf Mania Party Package

One-hour party room and one-hour court rental for up to 20 participants. Additional children are \$11 each.

**\$250 one hour party room  
and one hour court rental**

#### Including:

- ✓ 20 Nerf blasters
- ✓ 20 eye protection glasses
- ✓ 200 darts
- ✓ Bunkers

FACILITY HOURLY RATES			
Room	Hourly Rate	Full Day	Capacity
<b>Party Room</b>	<b>\$78</b>	<b>\$437</b>	<b>40 maximum</b>
<b>Gym</b>	<b>\$65 - 1 court \$130 - 2 courts</b>	<b>\$520 - 1 court \$1248 - 2 courts</b>	<b>240 maximum</b>
<b>Pool*</b>	<b>\$250 per hour (2 hour minimum)</b>	<b>N/A</b>	<b>200 maximum</b>

*\*Date and time restrictions apply*

Contact Us:



Berthoud.org



970-532-1600 option 1



recreation@berthoud.org

# OUTDOOR RENTALS

**CALL FOR RESERVATIONS:**  
Reservations must be made 7 days in advance  
970-532-1600

Berthoud Parks and Recreation offers a wide variety of venues to host your outdoor event. See the options below and GIVE US A CALL at 970-532-1600 to book your next event.

## Park and Special Event Rental Information

### FULL-DAY RENTAL

9am-8pm

Residents: \$85

Non-Residents: \$100

### HALF-DAY RENTAL

9am-2pm or 3-8pm

Residents: \$60

Non-Residents: \$75

**Pavilions Available for Rent**

**Request to book your next event**



## Town Park

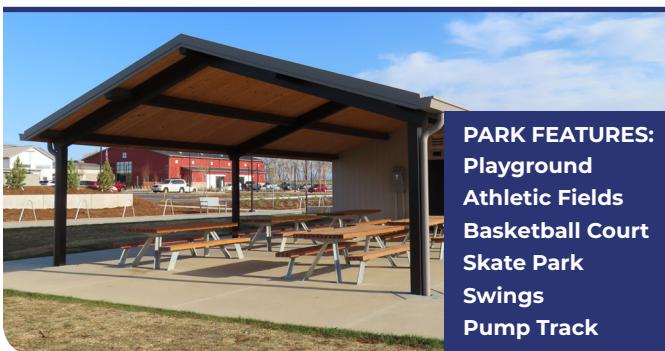
### SHELTER SPECIFICATIONS:

**WEST PAVILION:** 24 seats, 1 grill, electricity available, grass area

**EAST PAVILION:** 36 seats, 1 grill, electricity available, close to playground

### PARK FEATURES:

Two Pavilions  
Splash Park  
Inclusive Playground  
Seasonal Restrooms  
Water Bottle Filling Station  
Memorial Garden



## Waggener Farm Park Pavilion

### SHELTER SPECIFICATIONS:

Shelters: 1

Capacity: 36

Tables: 6

Lights/Electricity: Yes

Restrooms: Yes



## Pioneer Park Pavilion

### SHELTER SPECIFICATIONS:

Shelters: 3 (North, East, West)

**Rent all three for \$250!**

Capacity: 25 per shelter

Tables: 4 per shelter

**PARK FEATURES:**  
Playground  
Fishing  
Basketball Court  
Roller Rink  
Community Garden  
Horseshoe Pits  
Bocce Court  
Soccer Field

Lights: Yes

Electricity: West pavilion only

Restrooms: Yes

## Baseball Field Rentals

1-Hour Rental: \$25 per hour

Field Prep for Games: \$85

Lights: \$75

All Day Field Rental:

\$270 per field

Softball Fence Install: \$100

### BEIN SOUTH (10U – High School Baseball)

Features: Removable pitching mound, batting cages, enclosed dugouts, softball fence, 60- to 90-foot bases and field lights

### BEIN NORTH (T-Ball – High School Softball)

Features: Batting cages, enclosed dugouts, 60- to 90-foot bases, softball fence and field lights

### TOWN SOUTH (T-Ball – 12U)

Features: Dugouts, 60- to 70-foot bases, field lights available

### TOWN NORTH (T-Ball – 10U)

Features: Dugouts, 60-foot bases, no lights available

Contact Amanda G. at [agustafson@berthoud.org](mailto:agustafson@berthoud.org).

# Berthoud Town Park

IN THE FALL of 2024, the Town of Berthoud proudly reopened Berthoud Town Park, unveiling a variety of exciting new amenities. The park now features a 12,000-square-foot, fully inclusive playground that stretches beneath the mature trees, offering an adventurous space for kids of all abilities. Additionally, a stunning 6,000-square-foot natural stone water feature includes 15 interactive waterspouts and a button-activated waterfall, creating a unique and fun experience for visitors of all ages.

The park also offers two rentable covered pavilions, perfect for family gatherings. For those seeking a quieter experience, the tranquil Monument Garden offers a peaceful setting for reflection or private conversations. With ample shaded grassy areas throughout the park, visitors can relax, bring yard games, or enjoy a picnic beneath the trees. The new and improved Berthoud Town Park truly has something for everyone to enjoy!



*Make mosquito bite prevention part of*  
**YOUR SUMMER ROUTINE:**

- regularly use EPA-registered insect repellent
- wear loose-fitting, long-sleeved shirts and pants
- avoid outdoor activities during peak biting times around dawn and dusk

People ages **55 and older** are at higher risk for **serious symptoms** if they get **West Nile virus.**

Learn more at  
**[larimer.gov/westnile](http://larimer.gov/westnile)**





# SPECIAL INTEREST

REGISTRATION BEGINS JULY 1



## Martial Arts

Start your journey learning the traditional Martial Art of Tang Soo Do that is highly recognized worldwide and is the modern version of the ancient martial art of Soo Bahk Do. Tang Soo Do is offered year-round for adults and children starting at age five. Students will learn self defense, self discipline, self respect, and most of all, respect for others. Classes will be held at Berthoud Elementary School. [www.tangsoodoconcepts.com](http://www.tangsoodoconcepts.com)

**Ages:** 5+

**Cost:** \$70

**Time:** 6:15-7:30 pm

**Days:** Tuesdays & Thursdays

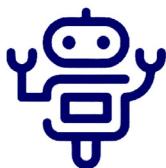
Session 1: Aug 19-Sep 25

Session 2: Oct 7-Nov 13

**Registration Deadlines:** Session 1 – Aug 19;

Session 2 – Oct 7

[MORE INFO / REGISTER HERE](#)



## CREST ROBOTICS AND COMPUTING ACADEMY

### Crest Robotics and Computing Classes

Crest Robotics and Coding Academy will be providing robotics and coding classes using Lego kits, VEX kits and Scratch (a block-based coding platform built by MIT). Crest's goal is to teach children problem-solving skills and logical thinking while modeling positive behaviors and working on teams to build self-confidence. Classes will be held at the Berthoud Recreation Center.

**Ages:** 5-12

**Cost:** \$156

**Time:** 5:30-6:30 pm

**Days:** Tuesdays

Session 1: Aug 5-26

Session 2: Sep 2-23

Session 3: Sep 30 – Oct 21

Session 4: Oct 28 – Nov 18

[MORE INFO / REGISTER HERE](#)

## Babysitter Training

This newly updated course provides youth with the information and skills necessary to provide safe and responsible care for children while babysitting. Participants will build confidence in five critical areas: leadership, safety and safe play, basic care, first aid, and professionalism. *Please note:* This course does not include CPR certification. Participants should bring a lunch, as there will be a break during the day.

**Ages:** 11-16

**Cost:** \$75R/\$85NR

**Time:** 9:00 am-3:00 pm

**Days:** Friday July 19; Friday Oct 10; Saturday Nov 15

[MORE INFO / REGISTER HERE](#)

## CPR, First Aid and AED Certification

This American Red Cross course provides students with the materials and training necessary to be certified in CPR for adults, children and infants along with Basic First Aid. Participants must be 12 years old to attend. *This is an E-learning CPR class with online and in-person work*

**Ages:** 12 and older

**Cost:** \$90/\$100

**Time:** 5:00-8:00 pm

**Date:** Wednesday, October 15

[MORE INFO / REGISTER HERE](#)

## Registered Dietitian Nutritionist

**Emmy Ingham, RDN**, specializes in whole-food-focused eating patterns that promote weight management and disease prevention through moderate and varied dietary intake with the inclusion of regular exercise. Schedule an appointment with Emmy for a nutritional assessment, meal planning, accountability, vegetarian diets, and pregnancy, breastfeeding and childhood nutrition.

### 1-ON-1 PRIVATE SESSIONS

One 60-minute session (initial visit): \$70

One 30-minute session (follow-up visit): \$45

Four 30-minute sessions: \$170

[CLICK HERE to schedule an appointment](#)

# FITNESS

## Membership Fitness Classes

- All classes included in membership
- Receive a class card after scanning your membership, paying a daily fee, or using a punch pass
- Cards are available 30 minutes prior to class at the front desk
- Fitness team will collect cards upon entry and distribute equipment
- No classes on holidays

### AQUA FIT

Dive into a low-impact Aqua Fit class that's easy on the joints but big on benefits! This water-based workout helps improve strength, balance, and flexibility—all in a fun and supportive environment. Perfect for all fitness levels, this class offers a gentle yet effective way to stay active without putting stress on your body. Come make a splash and feel your best!

**Mondays & Wednesdays 7:00-8:00am**

**Tuesdays & Thursdays 7:00-7:45pm**

### BOOT CAMP

Push your limits and boost your fitness in this high-energy class! Designed to challenge all fitness levels, each session combines strength training, cardio, and functional movements to help you build endurance, tone muscles, and stay motivated. Whether you're looking to kickstart your fitness journey or take things up a notch, this full-body workout will leave you feeling strong, accomplished, and ready for more!

**Tuesdays & Thursdays 6:00-6:45am**

**Wednesdays 5:15-6:00pm**

**Saturdays 7:30-8:15am**

### FOREVER FIT

Designed for beginners and active older adults, this uplifting class features fun music and simple, easy-to-follow moves in a welcoming, supportive environment. Work on improving flexibility, balance, coordination, joint stability and overall strength—all at your own pace and comfort level. Whether you're looking to stay active, build confidence or just enjoy moving to the music, this class is a great way to feel your best and have a great time doing it!

**Mondays 9:30-10:30am**

**Wednesdays 10:45-11:45am**

**Tuesdays & Thursdays 9:00-10:00am**

**Saturdays 8:30-9:30am**

### HIIT FIT

HIIT Fit is a high-intensity interval training class designed to boost your heart rate, burn calories, and build strength in a short amount of time. Through a mix of cardio bursts, strength training, and recovery periods, you'll challenge your body and improve endurance—all in a fun, motivating group setting. Whether you're looking to jumpstart your fitness routine or take your workouts to the next level, HIIT Fit offers a dynamic, full-body workout that can be modified for all fitness levels.

**Mondays & Wednesdays 5:15-6:00am**

### QUICK PUMP

Short on time? This 30-minute strength class is the perfect midday boost! Step away from your desk and recharge with a quick, effective workout designed to build strength and leave you feeling energized for the rest of your day. It's fast, focused, and just what you need to power through your afternoon!

**Mondays, Wednesdays & Fridays 12:00-12:30pm**

### SILVER SNEAKERS® SPLASH

Enjoy a refreshing full-body workout in the shallow end! This water exercise class is perfect for all skill levels and is designed to help improve strength, cardiovascular endurance, and flexibility—without the impact of land-based exercise.

**Mondays 8:15-9:15am**

**Fridays 9:30-10:30am**

### SILVER SNEAKERS® YOGA

A soothing combination of balance, strength and flexibility exercises, paired with mindful breathing, creates a peaceful practice that's easy on the body. Low-impact and supportive, this class is perfect for those who don't feel fully confident in other yoga classes or prefer a more gentle approach. It's a wonderful way to build confidence, improve mobility, and enhance overall well-being in a comfortable, welcoming environment.

**Tuesdays & Thursdays 10:30-11:30am**

**Fridays 9:30-10:30am**

### YOGA

Revitalize both your body and mind in this invigorating class that combines stretching, balance and core-strengthening exercises. Build endurance, improve mental clarity and enhance overall strength, all while boosting your flexibility and stability.

**Wednesdays & Fridays 8:15-9:15am**

**Wednesdays 6:30-7:30pm**

**Saturdays 10:00-11:00am**



# FITNESS

Members Receive 25% OFF Specialty Fitness Classes

## Specialty Fitness Classes

- Sessions are available monthly for registration
- Specialty Class drop-in prices: Adult \$9, Seniors \$7.50
- Registration is available three months prior to start of class

### BARRE

Focusing on low-impact, high-intensity movements designed to strengthen your body in ways that few other workouts can, this full-body workout helps develop agility and flexibility with repetitions of muscle-burning moves.

Wednesdays 9:30-10:30am

[Click Here to Register](#)

### DEEP WATER AEROBICS

Submerge yourself in the deep end of the lap pool, making your body nearly weightless while still conditioning your cardiovascular system, building strength and improving your overall health. Wear a floatation belt for support or rely on your own ability to float as you perform aerobic routines in the deep water.

Wednesdays 10:45-11:45am

Fridays 10:45-11:45am (No Friday class July or August)

[Click Here to Register](#)



### HIGH FITNESS®

Experience a modern twist on aerobics with a non-stop, action-packed mix of cardio, toning and push tracks that takes your fitness to the next level. This no-equipment format uses simple, set choreography and will become the cardio workout you never dread. HIGH FITNESS is easy to follow and a total blast! Adaptable to all levels of fitness, you can go high or you can go low, but you will always leave feeling HIGH.

Tuesdays 8:15-9:00am

[Click Here to Register](#)

### KICKBOXING

This high-energy kickboxing class is designed to improve your fitness, build strength, and boost your endurance. Whether you're a beginner or have experience, this class offers a fun, full-body workout that combines cardio and strength training to help you burn calories, tone muscles, and increase flexibility.

Thursdays 9:30-10:15am

[Click Here to Register](#)

### MAT PILATES

Mat Pilates focuses on a series of exercises performed on a mat, using your own body weight and gravity as resistance. Mat Pilates is a great workout option for people of all fitness levels, from beginners to advanced athletes. The benefits of practicing Mat Pilates are numerous, including toning and strengthening muscles, increasing range of motion and improving posture. Plus, since Mat Pilates is a low-impact exercise, it's easy on your joints and can be a great option for those recovering from injuries.

Mondays 6:15-7:00am

Fridays (July Only) 7:00-7:45am

[Click Here to Register](#)



### Fitness Equipment Orientation

**REGISTRATION REQUIRED**

**YOUTH** - Tuesdays, 4:30-5:30 pm (currently enrolling)

[Click Here to Register](#)

**ADULT** - Tuesdays, 2:00-3:00 pm (currently enrolling)

[Click Here to Register](#)

**FREE** with your membership, \$15 non-members

**CLICK  
HERE TO  
REGISTER  
FOR  
CLASSES**

# FITNESS

## MYOFASCIAL RELEASE SERIES

Enhance the body's natural healing capabilities through gentle, specialized stretching of the connective tissue that surrounds muscles and organs. Instructor will use rollers and myofascial balls for deep tissue movement.

**Thursdays 6:00-7:00pm (No class July or August)**

[Click Here to Register](#)

## SOULFUSION

A creative blend of yoga-inspired flows, short cardio bursts, balance sequences, and body weight and weighted strength training exercises all set to fun music. It offers modifications for all levels in a group exercise environment. SOULfusion improves strength, balance and flexibility, and can help improve overall fitness levels. It is driven by music, movement and motivation. SOULfusion is all of your favorite workouts wrapped into one!

**Mondays 8:15-9:15am**

**Thursdays 8:15-9:15am**

[Click Here to Register](#)

## SUNRISE STRENGTH

**(July, August and September)**

Start your day strong with this outdoor strength class held right as the sun rises! Take advantage of the fresh morning air and harness the power of unconventional equipment like push sleds, battle ropes, box jumps, and more. This dynamic, full-body workout will challenge your strength, endurance, and agility while energizing you for the day ahead.

**Fridays 6:00-6:45am**

[Click Here to Register](#)



## SUSPENSION TRAINING

Suspension training for a total body workout. Our straps leverage gravity and your bodyweight to perform hundreds of exercises. You're in control of how much you want to challenge yourself on each exercise—simply adjust your body position to add or decrease resistance.

**Mondays 10:45-11:30am**

**Tuesdays 12:00-12:45pm**

[Click Here to Register](#)

## TREAD AND SHRED

**(Starts in October)**

The combination of treadmill intervals and targeted strength training is great for both cardio and muscle building. It's an ideal way to challenge the body, improve endurance and sculpt muscles simultaneously. The promise of "feeling the burn where it matters" is key for those looking to hit their fitness goals effectively.

**Fridays 6:00-6:45am**

[Click Here to Register](#)

## YIN YOGA

A non-flow yoga in which poses are held for long periods. The asanas in Yin target the connective tissue, allowing for an overall increase in joint circulation and improvement in flexibility. Appropriate for all fitness levels.

**Tuesdays 9:15-10:15am**

[Click Here to Register](#)

## YOUTH POWER HOUR

This 60-minute class is designed to keep our youth strong by teaching them strength, power, mobility and metabolic conditioning. Our certified instructor will guide you through safe and effective weightlifting techniques, helping you improve your health, build muscle, and take your athletic performance to new heights.

**Fridays - July 11:00-11:45am**

**Wednesdays - August-October 7:00-8:00am**

[Click Here to Register](#)

## YOUTH SPEED, AGILITY AND QUICKNESS

Speed, agility, and quickness (SAQ) class focuses on improving your ability to move quickly and efficiently. This is essential for gaining that competitive edge on the field or the court. Activities will work on speed off the mark, quickness of feet and the ability to change direction quickly, developing an explosive element of the game!

**Wednesdays - July 11:00-11:45am**

[Click Here to Register](#)

# FITNESS

## Personal Trainers

### Gabe

Gabe is a certified personal trainer through the National Academy of Sports Medicine who was born and raised in Boulder, Colorado. Whether it's an individual embarking on their fitness journey for the first time or a seasoned athlete looking for that extra push, Gabe enjoys helping people reach their objectives through positive motivation and by employing SMART fitness goals. He specializes in corrective exercise, calisthenics, HIIT and weight training.



### Courtney

Courtney brings over ten years of experience as a fitness professional and health advocate. Courtney is a Certified Personal Trainer through the American Council on Exercise. She is a certified Les Mills instructor, licensed Zumba Fitness Instructor, Variable Interval Intensity Training (VIIT) Certified, and Primary Aerobics/Group Fitness Certified. She provides training programs for clients of all ages and fitness/health levels.



### Personal Training Packages

30-minute consultation included with purchase

#### 1-ON-1 PERSONAL TRAINING PRICING

1 Session	\$50
5-Session Package	\$237.50 (\$47.50/session)
10-Session Package	\$450 (\$45/session)

**CLICK HERE** to begin your personal training journey

For more information, contact Jacquelyn at [jcuba@berthoud.org](mailto:jcuba@berthoud.org)

### Mack

While playing sports in high school, Mack fell in love with health and fitness and has sought out a position where he can continue this passion and help people reach their physical fitness goals. Mack's training strengths lie in building muscle and strength, and he has extensive knowledge of exercises for weight loss and cardio such as high-intensity interval training.



### Taylor

Taylor is an ACE personal trainer who graduated from CSU with a degree in Health and Exercise Science. Between being an athlete while growing up and now raising four children, he knows that taking care of our health and fitness is one of the most important things we can do. He loves sharing his knowledge and helping others start, maintain and progress their health journey.



### Titus

Titus, a NASM Certified Personal Trainer, is from Hawaii, where his life-long passion for sports and physical activity was ignited. Having experienced and overcome the challenges of obesity by losing half his body weight, he brings a unique, empathetic perspective to his coaching.



### Autumn

Autumn is a certified ACE Personal Trainer, currently pursuing a Bachelor's degree in Health and Exercise Science at Colorado State University. With extensive knowledge in strength training and weight loss, she is dedicated to helping individuals enhance their well-being and maintain the ability to thrive in daily activities.



CLICK  
HERE  
FOR POOL  
HOURS

# AQUATICS

The Berthoud Rec Center Aquatics team is hiring lifeguards and swim instructors! We offer free certifications, paid monthly trainings, flexible scheduling, a free rec center membership, and a great team! Apply online at [Berthoud.org](http://Berthoud.org) or contact Cheyenne at [cclune@berthoud.org](mailto:cclune@berthoud.org).



Berthoud Recreation Center's beautiful 13,000-square-foot indoor pool complex offers a wide range of amenities and spaces for all ages. Our zero-depth entry pool area features water play structures and spray features. Attached to this area is the Lifestyle Pool as well as a winding lazy river. Feeling adventurous? Try out the rock wall or race down the 230-foot waterslide. Work out in our three-lane lap pool then enjoy a nice soak in our 20-person hot tub.



This state-of-the-art facility has the newest mechanical and chemical technology in the swimming pool industry. The energy-efficient and low-water waste systems this facility is equipped with provides up to an astonishing 90% cost savings on utilities and water usage over traditional public pools.

## Fun Berthoud Pool Facts!

- 36 laps in our 25-yard lap pool is equal to swimming one mile.
- 80 times around the lazy river is equal to walking one mile.
- Racing down the speed slide 23 times is equal to sliding one mile.

## POOL DEPTHS & TEMPERATURES

POOL	DEPTH	TEMPERATURE
Zero-Depth Entry Pool	0"-2"	86°
Lifestyle Pool	3'6"-4'8"	86°
Lazy River	3'6"	86°
Lap Pool	3'6"-11'6"	83°
Spa	3'	101°

## POOL RENTALS

Rent out our entire pool complex for your next party or special occasion. Some restrictions apply.

POOL RENTAL  
Request Form

## POOL HOURS

### SUMMER HOURS begin May 26

POOL CLOSES at 6:00 pm the first Sunday of every month for lifeguard training. SPA CLOSES at 6:00 pm the second and fourth Thursday of every month for cleaning.

#### OPEN SWIM

All pools, features and water slide

M/W/F 12:00-8:00 pm  
Tue/Thr 12:00-4:15 pm  
Sat-Sun 11:00 am-7:00 pm\*

#### ADULT WATER WALKING

Mon-Fri 5:00 am-9:00 am  
Sat 7:00 am-11:00 am  
Tues/Thr 4:00-8:00 pm

#### LAP SWIM

Mon-Fri 5:00 am-12:00 pm\*  
Tue/Thr 7:00-8:00 pm  
Sat 7:00-11:00 am  
\*Lanes closed for programming Wed/Fri 10:45-11:45 am

#### FAMILY SWIM

Zero-depth children's area and lazy river

Mon-Fri 9:00 am-12:00 pm  
Water play features may be turned off due to classes and programs. Mon-Thurs swim lessons will be going on 8:45 am-12:00 pm.

#### SPA

Mon-Fri 5:00 am-8:00 pm  
Sat 7:00 am-7:00 pm  
Sun 11:00 am-7:00 pm

#### SPLASH PAD AT TOWN PARK

May 19 – Sept. 15  
9:00 am - 8:00 pm

### FALL HOURS begin August 14

#### OPEN SWIM

All pools, features and water slide

M/W/F 4:00-8:00 pm  
Sat-Sun 11:00 am-7:00 pm

#### ADULT WATER WALKING

Mon-Fri 5:00 am-4:00 pm  
Sat 7:00-11:00 am  
Tue/Thr 4:15 am-8:00 pm

#### LAP SWIM

M/W/F 5:00 am-4:00 pm\*  
Tue/Thr 5:00 am-4:15 pm and 7:00-8:00 pm  
Sat 7:00-11:00 am

\*Lanes closed for programming Wed/Fri 10:45-11:45 am

#### Take A Swim Break!

Extended open swim hours during school breaks and holidays.

Sep 1: 12:00-8:00 pm  
Sep 2: 12:00-4:15 pm  
Oct 10: 12:00-8:00 pm  
Oct 16: 12:00-4:15 pm  
Oct 17: 12:00-8:00 pm

#### Fall Break

Nov 24-26: 12:00-8:00 pm  
Nov 27: Closed  
Nov 28: 12:00-5:00 pm

#### FAMILY SWIM

Zero-depth children's area and lazy river

M/W/F 9:00 am-4:00 pm  
Water play features may be turned off due to classes and programs



# AQUATICS



## Blended Learning Lifeguard Certification

**Become certified as an American Red Cross Lifeguard!**  
Prerequisites: Must be 15 years old before the last class; 200-yard swim-tread-swim sequence and timed brick challenge. This course provides participants with the training and tools to be able to rescue a victim from water as well as provide lifesaving medical care. Participants will be certified in lifeguarding as well as CPR/AED/First Aid for the Professional Rescuer.

A portion of the class is administered online. The in-class portion will include skills practice as well as a practical and written exam. Email Cheyenne Clune Aquatics Coordinator at [cclune@berthoud.org](mailto:cclune@berthoud.org) or fill out the Lifeguard Certification Inquiry Form to get on the list for the next course.

**Dates/Time:** Nov 24-25 • 8:00 am-4:00 pm  
Nov 26 • 8:00 am-12:00 pm

**Age:** 15 and older

**Fee:** \$203 R, \$213 NR

FREE to future Town of Berthoud employees

[Lifeguard Certification Inquiry Form](#)

**“I love being a head lifeguard because I value the opportunity to build connections with patrons, making their experience more positive while ensuring their well-being”**

— Jasmyn Lutz, Head Lifeguard



## CARA Swim Team

Berthoud Swim Team is a recreational-based swim team for youth ages 6-18 who are not USA swimmers. Register for the age group your child will be on the first day of practice.

**Prerequisite:** Ability to swim one length of the pool freestyle with rotary breathing and one length backstroke without stopping or using assistance.

**Days:** Tuesdays and Thursdays

**Dates:** Aug 26 – Oct 16

Parent Meeting Sep 4, 5:15-6:00 pm

Oct 21 - Dec 18

(No practice Nov 25 & 27)

Parent Meeting Oct 30, 5:15-6:00 pm

**Ages:** 7-12 yrs old: 4:20-5:05pm \$88 R, \$98 NR

9-12 yrs old: 5:10-5:55pm \$88 R, \$98 NR

12-18 yrs old: 6:00-7:00pm \$92 R, \$102 NR

[MORE INFO / REGISTER HERE](#)

Children who start swimming lessons early tend to reach developmental milestones faster—studies show they have better balance, coordination, and even improved language skills compared to their peers who don't swim.

## How To Register for Swim Lessons

Registration opens on the 1st of each month for classes two months out (e.g., January 1st opens March classes).

- Review class descriptions to find the best fit.
- Not sure? Contact Aquatics for a free swim test.
- Enroll and stay in touch with your instructor. Mid-session, check in about progress and next steps.
- Not sure what to register for next? Re-enroll in the same class. If your child passes, contact the front desk to transfer.
- If a transfer isn't possible due to full classes, the instructor will challenge your child with advanced skills.

[REGISTER HERE](#)

CLICK  
HERE FOR  
CURRENT  
AND FUTURE  
CLASSES

# SWIM LESSONS

BERTHOUD'S LEARN TO SWIM PROGRAM is for ages 6 months and up. Lessons are offered for all skill levels within our nine comprehensive levels. Unsure of what class to choose? Arrange a FREE swim test evaluation. Contact Cheyenne at [cclune@berthoud.org](mailto:cclune@berthoud.org).

## Parent/Child Classes

### Parent/Baby-Tot | 6 months–3 years | 30 minutes

Instructors will spend this time teaching parents how to teach their own child water comfort and introduction to basic swimming skills. Child must be accompanied in the water by someone 18 or older.

## Preschool

### 3-5 years | 30 minutes

#### Dolphin – Water Introduction.

Learn how to submerge face underwater along with water exploration.

#### Stingray – Floating and Roll-overs.

Prerequisite: Confidently submerge entire head three times. Comfortably work with an instructor.

#### Octopus – Stroke Introduction.

Prerequisite: Independently swim two body lengths to the instructor, independently front float for three seconds, roll, back float and hold for 10 seconds.

## Learn to Swim

### 6 years and up | 30 minutes

#### Level 1 – Introduction to Water Skills.

Learn to submerge face underwater, float and glide independently on front and back.

#### Level 2 – Fundamental Aquatic Skills.

Prerequisite: Independently glide on front for two body lengths, roll to back, float for five seconds, recover to standing position.

#### Level 3 – Stroke Development.

Prerequisite: Swim on front for five body lengths, roll to back, float for 15 seconds, roll to front, continue swimming five more body lengths.

#### Level 4 – Stroke Improvement.

Prerequisite: Jump into deep water, tread/float one minute, transition into 15-yard front crawl with rotary breathing to 15-yard elementary backstroke.

## Adult 16+ – Water Introduction

Learning to be comfortable in the water. Working towards stroke development. No prerequisites.

All levels are welcome!

[MORE INFO / REGISTER HERE](#)

## Mon-Thurs Morning Swim Lessons

Classes run Monday through Thursday for two weeks

30-Minute Classes	July	August
<b>Dolphin</b>	9:30-10am 11:15-11:45am	9:30-10am 11:15-11:45am
<b>Stingray</b>	10:05-10:35am	10:05-10:35am
<b>Octopus</b>	11:15-11:45am	11:15-11:45am
<b>Level 2</b>	10:40-11:10am	10:40-11:10am
<b>Level 3</b>	10:05-10:35am 10:40-11:10am	10:05-10:35am 10:40-11:10am
<b>Level 4</b>	9:30-10am	9:30-10am

## Tuesday/Thursday Morning Swim Lessons

30-Minute Classes	August (3 weeks)	September	October	November
<b>Parent/Baby-Tot</b>	9:20-9:50am	9:20-9:50am	9:20-9:50am	9:20-9:50am
<b>Dolphin</b>	9:55-10:25am	9:55-10:25am	9:55-10:25am	9:55-10:25am
<b>Stingray</b>	8:45-9:15am	8:45-9:15am	8:45-9:15am	8:45-9:15am
<b>Octopus</b>	10:30-11:00am	10:30-11:00am	10:30-11:00am	10:30-11:00am
<b>Private Lesson</b>	<b>Aug \$162/\$172</b> 8:45-9:15am 9:20-9:50am 9:55-10:25am 10:30-11:00am	<b>Sep \$208/\$218</b> 8:45-9:15am 9:20-9:50am 9:55-10:25am 10:30-11:00am	<b>Oct \$208/\$218</b> 8:45-9:15am 9:20-9:50am 9:55-10:25am 10:30-11:00am	<b>Nov \$208/\$218</b> 8:45-9:15am 9:20-9:50am 9:55-10:25am 10:30-11:00am

## Tuesday/Thursday Evening Swim Lessons

30-Minute Classes	August (3 weeks)	September	October	November
<b>Parent/Baby-Tot</b>	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm
<b>Dolphin</b>	5:05-5:40pm 5:40-6:10pm 6:15-6:45pm	5:05-5:40pm 5:40-6:10pm 6:15-6:45pm	5:05-5:40pm 5:40-6:10pm 6:15-6:45pm	5:05-5:40pm 5:40-6:10pm 6:15-6:45pm
<b>Stingray</b>	4:30-5:00pm 5:05-5:35pm	4:30-5:00pm 5:05-5:35pm	4:30-5:00pm 5:05-5:35pm	4:30-5:00pm 5:05-5:35pm
<b>Octopus</b>	5:05-5:35pm 5:40-6:10pm	4:30-5:00pm 5:40-6:10pm	4:30-5:00pm 5:40-6:10pm	4:30-5:00pm 5:40-6:10pm
<b>Level 1</b>	5:40-6:10pm 6:15-6:45pm	5:40-6:10pm 6:15-6:45pm	5:40-6:10pm 6:15-6:45pm	5:40-6:10pm 6:15-6:45pm
<b>Level 2</b>	5:05-5:35pm 6:15-6:45pm	5:05-5:35pm 6:15-6:45pm	5:05-5:35pm 6:15-6:45pm	5:05-5:35pm 6:15-6:45pm
<b>Level 3</b>	4:30-5:00pm 6:15-6:45pm	5:05-5:35pm 6:15-6:45pm	5:05-5:35pm 6:15-6:45pm	5:05-5:35pm 6:15-6:45pm
<b>Level 4</b>	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm	4:30-5:00pm
<b>Private Lesson</b>	<b>Aug \$162/\$172</b> 5:40-6:10pm	<b>Sep \$208/\$218</b> 5:40-6:10pm	<b>Oct \$208/\$218</b> 5:40-6:10pm	<b>Nov \$162/\$172</b> 5:40-6:10pm

## Saturday Morning Swim Lessons

30-Minute Classes	August (3 weeks)	September	October	November
<b>Parent/Baby-Tot</b>	8:2-8/16 \$15/\$25	9/6-9/27 \$20/\$30	10/4-10/25 \$20/\$30	11/1-11/22 \$20/\$30
<b>Dolphin</b>	8:45-9:15am 9:20-9:50am	8:45-9:15am 9:20-9:50am	8:45-9:15am 9:20-9:50am	8:45-9:15am 9:20-9:50am
<b>Stingray</b>	8:45-9:15am 10:30-11:00am	8:45-9:15am 10:30-11:00am	8:45-9:15am 10:30-11:00am	8:45-9:15am 10:30-11:00am
<b>Octopus</b>	9:55-10:25am 10:30-11:00am	9:55-10:25am 10:30-11:00am	9:55-10:25am 10:30-11:00am	9:55-10:25am 10:30-11:00am
<b>Level 1</b>	9:55-10:25am 10:30-11:00am	9:55-10:25am 10:30-11:00am	9:55-10:25am 10:30-11:00am	9:55-10:25am 10:30-11:00am
<b>Level 2</b>	8:45-9:15am 9:55-10:25am	8:45-9:15am 9:55-10:25am	8:45-9:15am 9:55-10:25am	8:45-9:15am 9:55-10:25am
<b>Level 3</b>	9:20-9:50am 9:55-10:25am	9:20-9:50am 9:55-10:25am	9:20-9:50am 9:55-10:25am	9:20-9:50am 9:55-10:25am
<b>Adult</b>	8:10-8:40am	8:10-8:40am	8:10-8:40am	8:10-8:40am
<b>Private Lesson</b>	<b>Aug \$84/\$94</b> 9:20-9:50am 9:55-10:25am 10:30-11:00am	<b>Sep \$112/\$122</b> 9:20-9:50am 9:55-10:25am 10:30-11:00am	<b>Oct \$112/\$122</b> 9:20-9:50am 9:55-10:25am 10:30-11:00am	<b>Nov \$112/\$122</b> 9:20-9:50am 9:55-10:25am 10:30-11:00am

# YOUTH SPORTS

Secure your fall sports early bird registration discount today! \$15 increase starts August 1.

## Little Strikers – Ages 4-5

This six-week soccer program teaches the basics of passing, shooting, dribbling, and defense in a fun, exciting and active environment. Parent or guardian participation is highly encouraged. Equipment is provided except for closed-toed shoes and shin guards.

**Cost:** \$69R/\$79NR. \$15 increase on August 1

**Days:** Wednesday sessions. Practices begin Aug 27

**Time:** 4:30 pm or 5:30 pm

**Registration Deadline:** August 10

[MORE INFO / REGISTER HERE](#)

## Little Lombardis – Ages 4-5

This six-week flag football program teaches the basics of passing, catching and flag pulling in a fun and exciting environment. Parent or guardian participation is highly encouraged. Equipment is provided except for closed-toe shoes.

**Cost:** \$69R/\$79NR. \$15 increase on August 1

**Days:** Monday sessions. Practices begin August 25

**Time:** 4:30 pm or 5:30 pm

**Registration Deadline:** August 10

[MORE INFO / REGISTER HERE](#)

## Youth NFL Flag Football

### 8U & 11U Co-Ed Flag Football – Ages 6-8 & 9-11

Participants practice twice a week for one hour between 4:00-8:00 pm in Berthoud, with six games held on Saturdays\* in Berthoud starting September 6. All divisions follow official NFL Flag Football rules. Participants must provide their own rubber cleats and a mouthguard.

**Cost:** \$89R/\$99NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu. Practices begin Aug 25 or 26

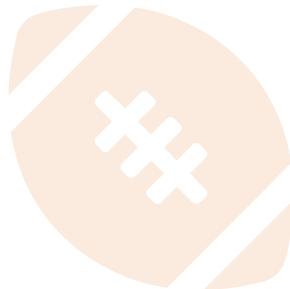
**Time:** Evening practices chosen upon registration

**Registration Deadline:** August 10

\*Minimum 4 games guaranteed

[8U – MORE INFO / REGISTER](#)

[11U – MORE INFO / REGISTER](#)



## Youth Soccer

### 6U & 8U Co-Ed Soccer – Ages 5-6 & 7-8

Participants build a strong foundation in soccer by learning fundamental skills through weekly practices and games. Practices are held twice a week for an hour between 4:00-8:00 pm in Berthoud, with six Saturday games\* played in Berthoud beginning September 6. All participants are required to bring their own rubber cleats and shin guards.

**Cost:** \$71R/\$81NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu. Practices begin Aug 25 or 26

**Time:** Evening practices chosen upon registration

**Registration Deadline:** August 10

\*Minimum 4 games guaranteed

[6U – MORE INFO / REGISTER](#)

[8U – MORE INFO / REGISTER](#)



### 10U & 12U Co-Ed Soccer – Ages 9-10 & 11-12

Participants build a strong foundation in soccer by learning fundamental skills through weekly practices and games. Practices are held twice a week for an hour between 4:00-8:00 pm in Berthoud, with six Saturday games\* played in Berthoud beginning September 6. All participants are required to bring their own rubber cleats and shin guards.

**Cost:** \$81R/\$91NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu. Practices begin Aug 25 or 26

**Time:** Evening practices chosen upon registration

**Registration Deadline:** August 10

\*Minimum 4 games guaranteed

[10U – MORE INFO / REGISTER](#)

[12U – MORE INFO / REGISTER](#)

## 14U Soccer – Ages 13-14

This league partners with the Fort Collins Soccer Club and teams are separated by gender. Practices take place twice a week for an hour and a half between 4-8 pm in Berthoud. Travel will be required for Saturday games (starting in September). All participants are required to bring their own rubber cleats and shin guards.

**Cost:** \$97R/\$107NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu. Practices begin Aug 11 or 12

**Time:** Evening practices chosen upon registration

**Registration Deadline:** July 23

\*Minimum 6 games guaranteed

[MORE INFO / REGISTER HERE](#)

# YOUTH SPORTS



REGISTRATION BEGINS JULY 1

## Youth Softball

### 8U Softball – Ages 6-8

This program partners with the Indian Peaks Girls Softball Association (IPGSA). Practices are held twice a week for one hour between 4:00-8:00 pm in Berthoud. Games are scheduled on Saturdays for six weeks in Berthoud and various locations across Northern Colorado (starting Sept. 6). Participants must provide their own glove, bat, cleats and batting helmet.

**Cost:** \$117R/\$127NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu.

Practices begin Aug 18 or 19

**Time:** Evening practices chosen upon registration

**Registration Deadline:** August 10

[MORE INFO / REGISTER HERE](#)

### 10U & 12U Softball – Ages 9-10 & 11-12

This program partners with the Indian Peaks Girls Softball Association (IPGSA). Practices are held twice a week for one and a half hours between 4:00-8:00 pm in Berthoud. Games are scheduled on Saturdays for six weeks in Berthoud and various locations across Northern Colorado (starting Sept. 6). Participants must provide their own glove, bat, cleats and batting helmet.

**Cost:** \$132R/\$142NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu.

Practices begin Aug 18 or 19

**Time:** Evening practices chosen upon registration

**Registration Deadline:** August 10

[10U – MORE INFO / REGISTER](#)

[12U – MORE INFO / REGISTER](#)

### 14U Softball – Ages 13-14

This program partners with the Indian Peaks Girls Softball Association (IPGSA). Practices are held twice a week for one and a half hours between 4:00-8:00 pm in Berthoud. Games are scheduled on Saturdays for six weeks in Berthoud and various locations across Northern Colorado (starting Sept. 6). Participants must provide their own glove, bat, cleats and batting helmet.

**Cost:** \$152R/\$162NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu.

Practices begin Aug 18 or 19

**Time:** Evening practices chosen upon registration

**Registration Deadline:** August 10

[MORE INFO / REGISTER HERE](#)

## Youth Volleyball

### 3rd-8th Grade Volleyball –

### Ages 8-10, 10-12, 12-14

This program partners with Carbon Valley, Thompson River Parks and Recreation (TRPR), and Mead Recreation. Divisions are created based on the participant's grade level. Practices take place twice a week for one hour between 4:00-8:00 pm in Berthoud. Seven games will be played on Saturdays in Berthoud and partner Northern Colorado locations (starting Sept. 6). Participants must provide their own knee pads.

**Cost:** \$91R/\$101NR. \$15 increase on August 1

**Days:** Mon/Wed or Tue/Thu. Practices begin Aug 25 or 26

**Time:** Evening practices chosen upon registration

**Registration Deadline:** August 10

[8-10 – MORE INFO / REGISTER](#)

[10-12 – MORE INFO / REGISTER](#)

[12-14 – MORE INFO / REGISTER](#)

## Youth Cross Country

### CARA Cross Country – Ages 7-14

This program partners with the Colorado Association of Recreational Athletics (CARA). Practices are held twice a week for an hour on Tuesday and Thursday evenings in Berthoud. Meets are scheduled on Saturdays or Sundays for five meets at various locations across Northern Colorado and Denver Metro areas (starting Sept. 6). Participants will compete against runners of the same age and gender.

**Cost:** \$85R, \$95NR. \$15 increase on August 1

**Days:** Tue/Thu. Practices begin August 26

**Time:** 5:30-6:30 pm

**Registration Deadline:** August 10

[MORE INFO / REGISTER HERE](#)

## Youth Basketball

### 1st-2nd Grade Youth Basketball – Ages 6-8

Participants learn the fundamentals of basketball through practices and games at the Berthoud Recreation Center. Practices are held twice a week for an hour between 4:00-8:00 pm in Berthoud, and games are scheduled on Saturdays for six weeks (starting Oct. 25). Participants will be provided a Junior Nuggets jersey and a single-game ticket to attend a Nuggets game.

**Cost:** \$91R, \$101NR. \$15 increase on September 1

**Days:** Mon/Wed or Tue/Thu. Practices begin October 20

**Time:** Evening practices chosen upon registration

**Registration Deadline:** September 28

[MORE INFO / REGISTER HERE](#)



# ADULT SPORTS

REGISTRATION BEGINS JULY 1

## Adult Co-Ed Soccer

The Berthoud Recreation Adult Co-Ed Soccer League consists of an eight-game regular season schedule with a single elimination tournament to follow. Participants must be 16 or older to participate and all games take place at Waggener Farm Fields.

**Cost:** \$550/team

**Days:** Fridays. Games begin August 8

**Time:** Between 5:00-8:00 pm

**Registration Deadline:** July 28

[MORE INFO / REGISTER HERE](#)

## Adult Co-Ed Pickleball

The Berthoud Recreation Adult Pickleball League consists of an eight-game regular season schedule with a single elimination tournament to follow. Participants must be 16 or older to participate and all games take place at the Waggener Farm Field outdoor pickleball courts.

**Cost:** \$65/Team

**Days:** Mondays. Games begin August 25

**Time:** Between 6:00-9:30 pm

**Registration Deadline:** August 11

[MORE INFO / REGISTER HERE](#)

## Adult Co-Ed Volleyball

The Berthoud Recreation Adult Co-Ed Volleyball league consists of an eight-game regular season schedule with a single elimination tournament to follow. This league is split into two divisions, recreational and competitive, and participants will only compete against teams in their division. Participants must be 16 or older to participate and all games will take place at the Berthoud Recreation Center.

**Recreational:** This division is designed for teams at a beginner to intermediate skill level who are looking for a fun and casual environment. Games will be officiated by Berthoud Recreation staff.

**Cost:** \$335/team

**Days:** Tuesdays. Games begin August 26

**Time:** Between 6:30-10:30 pm

**Registration Deadline:** August 11

[MORE INFO / REGISTER HERE](#)

**Competitive:** This division is intended for teams with a higher skill level who are looking for a more competitive environment. Games will be officiated by certified NCSO officials.

**Cost:** \$335/team

**Days:** Tuesdays. Games begin August 26

**Time:** Between 6:30-10:30 pm

**Registration Deadline:** August 11

[MORE INFO / REGISTER HERE](#)

## Adult Women's Volleyball

The Berthoud Recreation Adult Women's Volleyball League consists of an eight-game regular season schedule with a single elimination tournament to follow. This league is split into two divisions, recreational and competitive, and participants will only compete against teams in their division. Participants must be 16 or older to participate and all games take place at Berthoud Recreation Center.

**Recreational:** This division is designed for teams at a beginner to intermediate skill level who are looking for a fun and casual environment. Games will be officiated by Berthoud Recreation staff.

**Cost:** \$335/team

**Days:** Mondays. Games begin August 25

**Time:** Between 6:30-10:30 pm

**Registration Deadline:** August 11

[MORE INFO / REGISTER HERE](#)

**Drop-In  
Volleyball  
All Ages  
12:00-2:00pm**

**Competitive:** This division is intended for teams with a higher skill level who are looking for a more competitive environment. Games will be officiated by certified NCSO officials.

**Cost:** \$335/team

**Days:** Wednesdays. Games begin August 27

**Time:** Between 6:30-10:30 pm

**Registration Deadline:** August 11

[MORE INFO / REGISTER HERE](#)

## Adult Men's Basketball

The Berthoud Recreation Adult Men's Basketball League consists of an eight-game regular season schedule with a single elimination tournament to follow. Participants must be 16 or older to participate and all games take place at Berthoud Recreation Center.

**Cost:** \$550/team

**Days:** Thursdays. Games begin August 28

**Time:** Games are played between 6:30-10:30 pm

**Registration Deadline:** August 11

[MORE INFO / REGISTER HERE](#)

## Adult Co-Ed Kickball

The Berthoud Recreation Adult Co-Ed Kickball League consists of an eight-game regular season with a single elimination tournament to follow. Participants must be 16 or older to participate and all games will take place at the Bein Baseball Complex.

**Cost:** \$335/team

**Days:** Sundays. Games begin September 7

**Time:** Between 2:00-8:00 pm

**Registration Deadline:** August 11

[MORE INFO / REGISTER HERE](#)

# ADULT (50+) ACTIVITIES

## Wellness Wednesdays

Berthoud Recreation hosts wellness seminars on the 2nd Wednesday of each month, featuring local businesses and personal trainers discussing health, fitness, and wellness.

**Cost:** FREE

**Date**                    **Time**

July 9	6:00-7:30 pm
August 13	12:30-2:00 pm
September 10	6:00-7:30 pm
October 8	12:30-2:00 pm
November 12	6:00-7:30 pm
December 10	12:30-2:00 pm



[MORE INFO / REGISTER HERE](#)

## SOCIAL

### Game Time and Afternoon Social

Join Berthoud Recreation to play your favorite games. Cards, dominoes, cribbage, puzzles, and more. Bring your friends or come meet some new ones! The group meets in the party room from 1:00-3:00pm at the Berthoud Recreation Center.

**Cost:** FREE for members; \$3 for non-members

**Days:** Mondays and Fridays

**Time:** 1:00-3:00pm

### Senior Activity Focus Group

If you're over 60 and want to express your ideas and engage more with others, join our senior activity focus group. You'll meet once a month to brainstorm ideas for engaging activities, seminars, and classes. Want to have a seniors-only disco night that ends at 7:00pm? Tell us! We want to hear from you. For more information, call 970-532-1600 to connect with our Recreation Coordinator, Jacquelyn Cuba, and join this group of movers and shakers.

## TRAVEL

### CANDLELIGHT DINNER PLAYHOUSE®

#### Anastasia

Grab your friends to meet at the Berthoud Recreation Center and be chauffeured to the Candlelight Dinner Playhouse in Johnstown for dinner and a show. Sign up today to take part in the fun. Registration includes transportation to and from the show, admission, and dinner with a soft drink and dessert.

**Cost:** \$100 **Date:** August 23

**Registration Deadline:** July 22

[MORE INFO / REGISTER HERE](#)

## SPORTS

### Active Adult Volleyball Drop-in

This recreation league is for participants wanting to play volleyball and meet other volleyball enthusiasts.

**Days:** Thursdays

**Time:** 10:30 am-12:00 pm



### Active Adult Volleyball League

Our Active Adult Volleyball team will represent the Berthoud Recreation Center in the CSVA League. The season consists of a ten-game regular season schedule with a single elimination tournament to follow. Participants must be 50 or older to participate. The team will have five home games and five games away, throughout the front range.

**Cost:** \$41/person

**Days:** Wednesdays. Games begin September 3

**Time:** Between 12:00-2:00 pm

**Registration Deadline:** July 10

[MORE INFO / REGISTER HERE](#)

### Active Adult Pickleball Leagues

The leagues consist of an eight-game, six-week regular season schedule followed by a single elimination championship tournament.

#### OUTDOOR League (Co-Ed)

**Cost:** \$55/Team

**Days:** Tuesdays

**Time:** 9:00am

**Dates:** August 12 – September 23

**Registration Deadline:** August 5



#### INDOOR League (Womens and Co-Ed)

**Cost:** \$55/team

**Days:** Tuesdays

**Time:** WOMEN – 10:30am-12:30pm

CO-ED – 1:00-3:00pm

**Dates:** September 30 – November 11

**Registration Deadline:** September 23

[MORE INFO / REGISTER HERE](#)

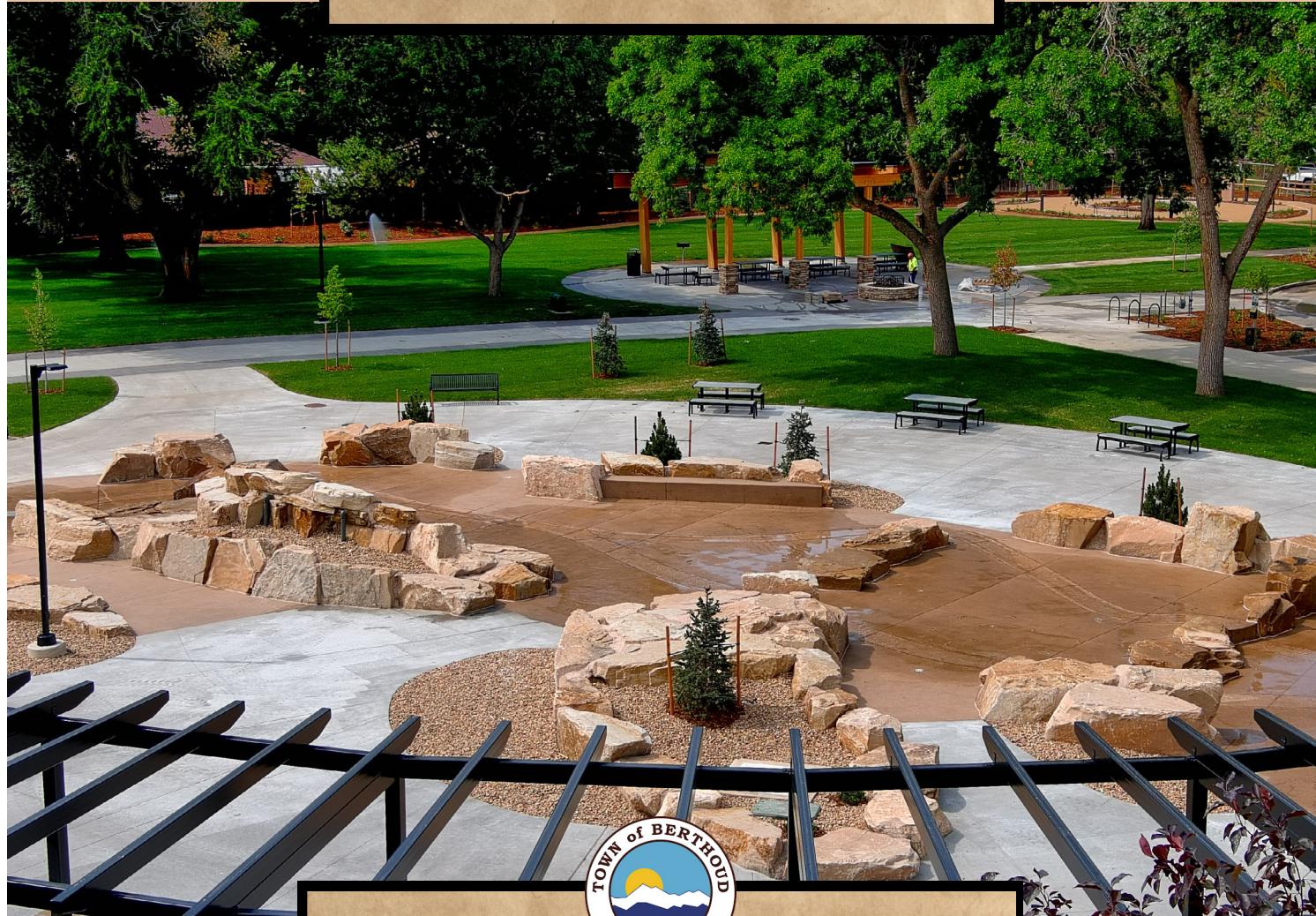


FREE CRAFTS

Join Us At Town Park  
For The  
**BERTHOUD  
MARKET**



LIVE MUSIC



FRESH FOOD



**BERTHOUD TOWN PARK  
SATURDAYS  
9:00 AM - 1:00 PM  
JUNE 14 - SEPTEMBER 27**

Visit [Berthoud.org/Market](http://Berthoud.org/Market)

200 N 7th St, Berthoud, CO

FRESH AIR





**Berthoud Recreation Center**



# END OF Summer BASH



Live Music | Food Trucks | Lawn Games

Free Admission

Friday, August 8

6:00 PM - 8:00 PM

1000 N Berthoud Pkwy

Event Sponsors:



Food from Georgia Boys BBQ,  
Urban Hotdog Collective,  
and Sugar Buzz Gourmet Cotton Candy.



# FATHER DAUGHTER DANCE

PHOTO  
BOOTH

DJ

APPETIZERS

Saturday  
SEPTEMBER 20

6:00-8:00 pm

Berthoud Recreation Center Gym

Enjoy a heartwarming evening where dads and father figures create unforgettable memories with their daughters. Whether you're a stepdad, grandpa, uncle, brother, foster dad or another cherished male role model, you're invited to come share in the magic! Dance the night away with a live DJ, capture sweet moments at the photobooth, and enjoy a festive atmosphere with decorations and light refreshments.

**Cost: Couple (Father & Daughter) \$45**

**Additional Daughter \$10**

**Click Here to Register**

Berthoud Recreation Center • 1000 N. Berthoud Parkway

Event Sponsors:



MOUNTAIN  
VIEW  
ORTHODONTICS





Title Sponsor:



CHRISTINE  
TORRES  
RE/MAX  
ALLIANCE

2025

ZOMBIE

Fun Run



SATURDAY  
OCTOBER 18

CLICK HERE  
FOR MORE  
INFORMATION

4:30PM - 7:00PM

- GHOUL GETTERS .5K
- ZOMBIE STOMPERS 5K

START FROM BERTHOUD RECREATION CENTER

COSTUME CONTEST

\$30 ADULT, \$15 CHILD (INCLUDES A RACE BAG)

Event  
Sponsors:





Title Sponsor:



**Lifetime**  
Home Remodeling

4th Annual

# Winter CRAFT FAIR

SAT. DEC. 6TH • 9 - 3PM

*Vendor Application Open*

[CLICK HERE for Vendor Application](#)

ONLINE JULY 1 - AUGUST 10

Event Sponsors:



912 North 2nd Street  
Berthoud, CO  
970-532-2009



SNOW REMOVAL  
970-532-0769 • 303-775-6072  
manyaslanscaping@yahoo.com



Johnstown  
Pediatric  
Dentistry



Berthoud.org | 970-532-1600 | 1000 N. Berthoud Pkwy

B E R T H O U D   R E C R E A T I O N   C E N T E R   P R E S E N T S



# COSMIC PICKLEBALL

Party

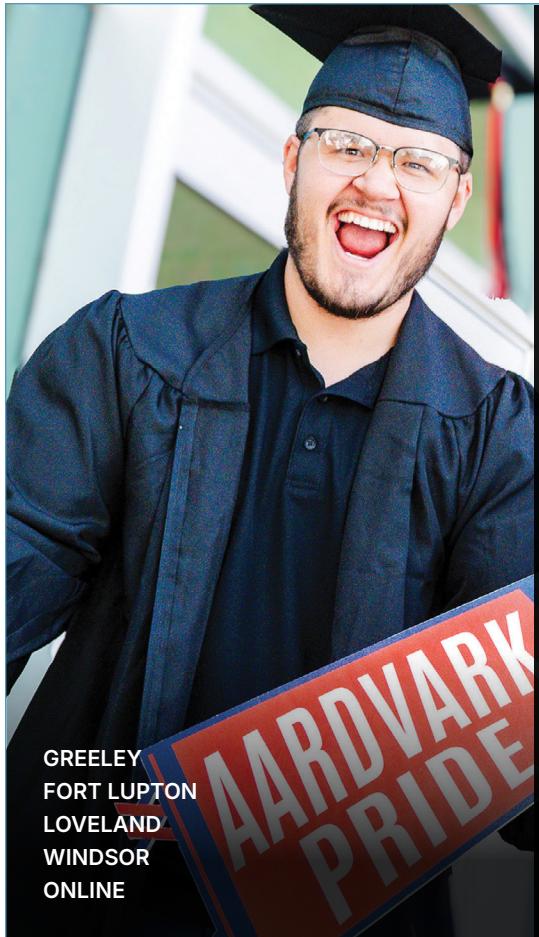


WEAR YOUR HALLOWEEN COSTUME  
PLAY IN THE BLACKLIGHT  
\$45 PER TEAM

[CLICK HERE  
FOR MORE  
INFORMATION](#)

**FRIDAY, OCTOBER 24**  
BLACKLIGHTS 6-9PM GLOW NETS  
NEON COURTS GLOW BALLS

QUESTIONS? EMAIL [JCUBA@BERTHOUD.ORG](mailto:JCUBA@BERTHOUD.ORG)



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of Aims students  
graduate without debt.

Start today for free.

Apply at  
[aims.edu](http://aims.edu)



**Aims**  
COMMUNITY COLLEGE

## The Town of Berthoud Has Its Own Transportation Service!

**Need a ride to the Berthoud Recreation Center?  
BATS will pick you up and take you to fitness classes!**

If you need a ride around Berthoud or to Loveland, call  
the Berthoud Area Transportation Service (BATS) at

**970-532-3049**

Safe, Courteous, Reliable Door-To-Door Service with ADA Accessible Vehicles.

Service Available: Monday - Friday 8:00 am - 4:00 pm

Call the day prior by 4:00 pm to schedule a ride.

Passengers aged 60+ ride for free.

Visit [Berthoud.org/Bats](http://Berthoud.org/Bats) for information on fares and routes.



**Berthoud  
Area  
Transportation  
Service**

CLICK HERE  
FOR MORE  
INFORMATION





In collaboration with the Town of Berthoud, Wildfire Arts Center provides arts and culture classes to the community including dance, art, music, and other disciplines. Classes are held at 425 Massachusetts Ave., Berthoud, CO 80513. For more information, visit [www.wildfirearts.org](http://www.wildfirearts.org) or call 970-532-5497.

## Drop-In Classes

### U-Create Open Studio – All ages with an adult, or 11+ on their own

Enjoy art activities and be creative! Open to the community for all ages to create art, with Wildfire providing the supplies. An instructor provides a suggested art activity, or bring your own project and materials to work on in our space.

**Cost:** \$5 (Drop-in)

**Days:** Saturdays, October 4 – December 13

**Time:** 10:00am-12:00pm

### Beginning Tap Dance – Adults

Enjoy dancing to your favorite jazz classics while you learn the basics of tap dancing. Instructor Sally Fortenberry makes it fun, and you'll make friends with others while becoming more fit!

**Cost:** \$12 drop-in (pay at Wildfire, punch card available)

**Days:** Thursdays, ongoing

**Time:** 11:00am-12:00pm

## One-Day Workshops

### Preschool Art Explorers – Ages 3-5

(min. 4, max. 8)

Ditch the paintbrush in these interactive workshops! With a focus on process art, your little one will learn independence and creative thinking while developing fine and gross motor skills. Sign up for one or all of these unique art experiences. Parents are welcome to stay but not required. Instructed by Heather Faires.

**Cost:** \$10 (includes all materials)

**Time:** Age 3 - 3:45-4:15pm

Ages 4-5 - 4:30-5:00pm

**Workshop A:** September 5

[A - MORE INFO / REGISTER HERE](#)

**Workshop B:** October 3

[B - MORE INFO / REGISTER HERE](#)

**Workshop C:** November 7

[C - MORE INFO / REGISTER HERE](#)

**Workshop D:** December 5

[D - MORE INFO / REGISTER HERE](#)

## Weekly Classes

### Preschool Dance – Ages 3-5

(min 4, max 8)

Develop gross motor skills and creative expression in a relaxed environment. Introduction to basics and fundamentals in ballet, tap and tumbling, with the main focus on body movement, awareness and fun!

**Cost:** \$45

**Session 1:** Mondays, Sep. 8, 15, 22, 29

**Session 2:** Mondays, Oct. 6, 13, 20, 27

**Time:** 4:00-4:45pm

[MORE INFO / REGISTER HERE](#)

### After School Art Club I – Ages 5-7

(min 5, max 10)

Engage in cool arts and crafts and art projects in various mediums. Make friends while making art! Instructed by Hannah Williams. Scholarships available, contact Wildfire.

**Cost:** \$95 (includes all materials)

**Dates:** Tuesdays, Sep. 16 – Dec. 9 (no class Nov. 25)

**Time:** 4:15-5:15pm

[MORE INFO / REGISTER HERE](#)

### After School Art Club II – Ages 8-10

(min 5, max 10)

Engage in cool arts & crafts and art projects in various mediums. Make friends while making art! Instructed by Hannah Williams. Scholarships available, contact Wildfire.

**Cost:** \$95 (includes all materials)

**Dates:** Thursdays, Sept. 18 – Dec. 11 (no class Nov. 27)

**Time:** 4:15-5:15pm

[MORE INFO / REGISTER HERE](#)

### After School Art Club III – Ages 11-14

(min 5, max 10)

Explore a variety of art mediums with a focus on problem solving and self-discovery. Projects are designed according to student interests. Projects may include stamping/printmaking, macrame and other fiber arts, wire jewelry-making and beading, as well as painting and drawing. Scholarships available, contact Wildfire.

**Cost:** \$50 (includes all materials)

**Dates:** Wednesdays, Sep. 17 – Dec. 10 (no class Nov. 26)

**Time:** 4:15-5:15pm

[MORE INFO / REGISTER HERE](#)



# WILDFIRE ARTS CENTER

## Adventures in Art Homeschool Program – Ages 5–10

(min. 5, max. 10)

This class for homeschoolers includes a dive into art history and contemporary art as well as instruction on art's elements and principles. Inspired by famous artists, students will explore various mediums and create artwork as they develop artistic techniques. Instructed by Bethany Bailey.

**Cost:** \$165 (includes all materials)

**Class A:** Tuesdays, 10:30-11:30 am  
Sep. 2 – Dec. 9 (no class Nov. 25)

**Class B:** Fridays 1:00-2:00 pm  
Sep. 5 – Dec. 12 (no class Nov. 28)

[MORE INFO / REGISTER HERE](#)

## The Theater Workshop – Ages 11–14

(min. 4, max 12)

Discover your inner star! The Theater Workshop is designed to develop acting skills through technique and theory. The Workshop will include theater games, improvisation, character development, scene work, vocal projection and storytelling. We will work to develop a stage presence, learn to be spontaneous, enhance creative potential, explore imagination, encourage both individual and collaborative work, problem-solve and build confidence. There will be drama and there will be fun! Instructed by Valarie Mares. Scholarships available, contact Wildfire.

**Cost:** \$175

**Dates:** Wednesdays, Sep. 10, 17, 24; Oct. 1, 8, 15

**Time:** 4:30-5:30 pm

[MORE INFO / REGISTER HERE](#)

## Needle Felted Ghost with Pumpkin – Adults and 12+

(min. 5, max. 12)

Create a needle felted ghost with pumpkin. These can be used as a planter stake for house plants or as other décor. Needle felting is a craft technique that uses a special needle to tangle and bond wool fibers together. Instructed by Elissa Robb.

**Cost:** \$20 (all materials included)

**Date:** October 4

**Time:** 6:30-8:00 pm

[MORE INFO / REGISTER HERE](#)

## Beginning Ukulele – Adults and 12+

(min. 3, max. 10)

Perfect for both teens and adults, the Beginning Ukulele class will give you the basics you need to get started on this fun and easy to learn instrument. Learn skills that cover everything you need to get started including tuning, basic chords and strumming patterns. Songs will be chosen based on group interests and abilities. Bring your own

ukulele or borrow one during class from the instructor. Bring a pencil and a folder to take notes and keep handouts provided. Instructed by Linda Emmerman, a former K-5 music teacher.

**Cost:** \$70

**Session 1:** Thursdays, Aug. 7, 14, 21, 28 - \$70

**Session 2:** Thursdays, Sep. 4, 11, 18 - \$53

**Session 3:** Thursdays, Nov. 6, 13, 20 - \$53

**Time:** 5:30-6:30pm

[MORE INFO / REGISTER HERE](#)

## Intro to Drawing Series – Adults and 14+

(min. 4, max. 12)

Designed for beginners and those wishing to refresh their skills, this six-week course will cover the basics of drawing. Students will learn the necessary mark making, perspective and shading skills in order to render three dimensional forms on paper. Instructed by Hannah Williams.

**Cost:** \$65 (all materials included)

**Class A:** Mondays, 6:30-8:00 pm. Aug. 18, 25; Sep. 1, 8, 15, 22

[MORE INFO / REGISTER HERE](#)

**Class B:** Fridays, 10:00-11:30 am. Aug. 22, 29; Sep. 5, 12, 19, 26

[MORE INFO / REGISTER HERE](#)

## Intro to Watercolor Series – Adults and 14+

(min. 4, max. 12)

Explore the wonderful world of watercolor painting with this six-week introductory course. Students will gain an understanding of the materials, skills, techniques and styles available in this diverse, fluid medium.

**Cost:** \$65 (all materials included)

**Class A:** Mondays, 6:30-8:00 pm. Sep. 29; Oct. 6, 13, 20, 27; Nov. 3

[MORE INFO / REGISTER HERE](#)

**Class B:** Fridays, 10:00-11:30 am. Oct. 3, 10, 17, 24, 31; Nov. 7

[MORE INFO / REGISTER HERE](#)

## Beginner Country Line Dancing – Adults and 14+

(min. 5, max 10)

Learn choreographies to new and older country songs that will get you moving and out on the dance floor. Experience how line dancing helps improve physical, mental, and emotional well-being while building confidence. No partner or prior dance experience is required. Instructed by Christy Lorenzen.

**Cost:** \$55

**Session 1:** Mondays, Aug. 11, 18, 25; Sep. 8 (no class Sept. 1)

**Session 2:** Mondays, Oct. 27; Nov. 3, 10, 17, 24; Dec 1

**Time:** 7:00-8:00 pm

### Drop-In Class

**Cost:** \$12 per class. Pay at Wildfire Arts Center

**Date:** Tuesdays, August 11–December 6

**Time:** 9:30-10:30 am

[MORE INFO / REGISTER HERE](#)



# WILDFIRE ARTS CENTER



## EVENTS

### StreetFest

**Saturday, September 13  
5:00-9:00 pm**

Free Admission • Live Music •  
Food Vendors • Fundraising Silent  
Auction • Art Activities • Face Painting

### Holiday Makerspace

**Saturday, December 6  
10:00 am-3:00 pm**

Choose from a selection of projects  
to create personalized gifts for family  
and friends. All ages welcome.

## Arts & Crafts Workshops **Adults and 14+** (min. 3, max. 12)

### Series A

Choose 1 for \$14 or all 6 for \$60

#### **Class 1: Giant Paper Roses**

Create a beautiful display of hand-painted  
tissue paper roses

Evening Class: Aug. 17, 6:30-8:00 pm

Morning Class: Aug. 20 10-11:30 am

#### **Class 2: Leaf Printing Painting**

Use leaves to produce an elegant, multilayered  
painting

Evening Class: Aug. 24, 6:30-8:00 pm

Morning Class: Aug. 27, 10:00-11:30 am

#### **Class 3: Shadow Box Paper Collage**

Combine ripped paper and pastel in a unique  
landscape piece

Evening Class: Aug. 31, 6:30-8:00 pm

Morning Class: Sep. 3, 10:00-11:30 am

#### **Class 4: Little Fall Fairies**

Design fall-themed fairies from fabric, beads  
and wire

Evening Class: Sep. 7, 6:30-8:00 pm

Morning Class: Sep. 10, 10:00-11:30 am

#### **Class 5: Mini Notebooks**

Construct your own handbound notebook

Evening Class: Sep. 14, 6:30-8:00 pm

Morning Class: Sep. 17, 10:00-11:30 am

#### **Class 6: Fridge Magnets**

Produce a set of hand-drawn magnets

Evening Class: Sep. 21, 6:30-8:00 pm

Morning Class: Sep. 24, 10-11:30 am

[MORE INFO / REGISTER HERE](#)

### Series B

Choose 1 for \$14 or all 6 for \$60

#### **Class 1: Rotating Message Cube**

Build your own rotating message cube using  
wooden blocks

Evening Class: Sep. 28, 6:30-8:00 pm

Morning Class: Oct. 1, 10-11:30 am

#### **Class 2: Polymer Clay Pumpkins**

Sculpt a tiny pumpkin patch using oven-bake  
polymer clay

Evening Class: Oct. 5, 6:30-8:00 pm

Morning Class: Oct. 8, 10:00-11:30 am

#### **Class 3: Rolled Paper Log Cabin**

Build a cozy log cabin ornament from  
rolled paper

Evening Class: Oct. 12, 6:30-8:00 pm

Morning Class: Oct. 15, 10:00-11:30 am

#### **Class 4: Watercolor/Paint Marker Cards**

Design your own set of holiday greeting cards

Evening Class: Oct. 19, 6:30-8:00 pm

Morning Class: Oct. 22, 10:00-11:30 am

#### **Class 5: Linocut Gift Tags**

Carve stamps to create personalized gift tags

Evening Class: Oct. 26, 6:30-8:00 pm

Morning Class: Oct. 29, 10:00-11:30 am

#### **Class 6: Origami Treat Wrappers**

Learn how to fold beautiful paper containers  
for treats and gift cards

Evening Class: Nov. 2, 6:30-8:00 pm

Morning Class: Nov. 5, 10:00-11:30 am

[MORE INFO / REGISTER HERE](#)



The Berthoud Historical Society works to Keep Our History Alive by providing events and tours at two historical museums: The Little Thompson Valley Pioneer (LTPV) Museum and the McCarty-Fickel Home Museum. Come visit the museum at 224 Mountain Avenue, Berthoud, CO 80513.

For more information, call 970-532-2147 or visit our website at [www.berthoudhistoricalsociety.org](http://www.berthoudhistoricalsociety.org). BerthoudHistory

## Events

### Summer Concert Series

Come join us for our Summer Concert Series. FREE but donations are gratefully accepted. Follow our Facebook page for more information.

**Cost:** Free  
**Date:** July 16 • Once Upon a Tune  
**Time:** 5:30-8:00pm  
**Where:** Little Thompson Valley Pioneer Museum Courtyard

### Berthoud Boogie Dance Party

#### Fundraiser Concert

Presenting After the Fire on August 6. Tickets are sold on our website: [berthoudhistoricalsociety.org/23-concerts-in-the-pioneer-courtyard](http://berthoudhistoricalsociety.org/23-concerts-in-the-pioneer-courtyard).

**Cost:** \$25  
**Date:** August 6  
**Time:** 5:30-8:30pm  
**Where:** Grace Place Auditorium, 375 Meadowlark Dr., Berthoud

[MORE INFO/  
REGISTER HERE](#)

### Star Gazing

Enjoy a talk by our wonderful volunteers and learn about the objects in the sky. Talk length and ability to see objects in the sky is dependent on weather. Contact us for more information.

**Cost:** Free  
**Date:** 1st Friday of the month, May–September. (Due to the July 4th holiday, the July star gazing will take place on July 11.)  
**Time:** Sunset

### Fall Speaker Series

Join us at the Berthoud Recreation Center community room each month to hear a speaker talk about a historical topic that is tied to our community.

**Cost:** Free  
**Dates:** September 9, October 14, November 18  
**Time:** 7:00-9:00pm

## Special Tours

### McCarty-Fickel Tours

Come tour our historical home museum, the McCarty-Fickel home. Contact us for more information.

**Cost:** Free  
**Dates:** July 19, August 16, September 20, October 18  
**Time:** 10:00am-4:00pm  
**Where:** 645 7th Street, Berthoud

### The Little Thompson Valley Pioneer Museum and the Pioneer Courtyard

[berthoudhistoricalsociety.org](http://berthoudhistoricalsociety.org)



224 Mountain Avenue, Berthoud, CO 80513

**Phone:** 970-532-2147

**Hours of Operation** – Open Thursday-Saturday, 1-4 p.m.

**Admission** – Adults \$5 | Seniors and Youth (12-18) \$3 | Children (11 and under) Free  
Members always free

### Plan Your Visit

### McCarty-Fickel Home Museum and Event Space

[berthoudhistoricalsociety.org](http://berthoudhistoricalsociety.org)



645 7th Street, Berthoud, CO 80513

**Phone:** 970-532-2147

**Hours of Operation** – Open by Appointment

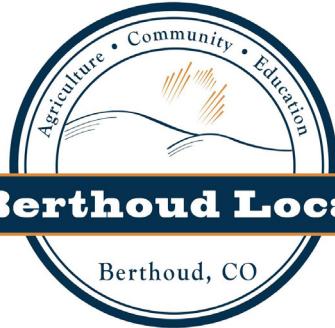
**Admission** – Adults and Children over 11 \$5 | Children (11 and under) – Free  
Members always free

### Join the Berthoud Historical Society's Membership Program!

**Memberships are yearly and can be renewed at your convenience.**

**CLICK  
HERE TO  
JOIN**

# BERTHOUD LOCAL CLASSES



## Pressure Canning and Water Bath Canning with Confidence

Learn how easy it is to safely water bath can high acid foods such as fruit, salsa, pickles, tomatoes, jams and jellies. We'll also discuss the steps to safely and confidently pressure can low-acid foods like vegetables and meats. You'll come away understanding canning basics to ensure safe preservation.

Open to beginners or experienced canners wanting an update. Includes free pressure canner dial gauge test (\$10 value)—bring your canner lid or just the dial gauge. Instructed by Amber Webb, a Family and Consumer Sciences Extension Specialist in Larimer County. She specializes in home food safety, food preservation and culinary nutrition. Max: 35

**Cost:** \$10 per person

**Day:** Friday, July 11

**Time:** 2:00pm

**Location:** Berthoud Community Library, 236 Welch Ave., Berthoud, CO 80513

[MORE INFO / REGISTER HERE](#)

## Drip Irrigation

This class covers the fundamentals of drip irrigation, including how to install systems for ornamental beds and vegetable gardens. The class also addresses converting outdated sprinkler systems into efficient drip stations and highlights the key benefits of using drip irrigation. Instructed by Coleton Chard, Town of Berthoud staff member. Max: 20

**Cost:** \$10 per person

**Day:** Wednesday, July 23

**Time:** 10:00am

**Location:** Community Garden in Pioneer Park, E. Indiana Ave. & SE 2nd St., Berthoud, CO 80513

[MORE INFO / REGISTER HERE](#)

## ART IN THE GARDEN

These workshops are part of Berthoud Local's Art in the Garden series at the Community Garden in Pioneer Park. Kids 6 and under are free with a registered adult and are not included in class size limit. Kids 7 and older need to be registered.

Instructed by Elissa Robb, local artist.

### Flower Pressing

Learn how to press flowers and use pressed flowers in art. You will decorate a pocket flower press, a garden rock, a notecard and a bookmark. All materials are included. Max: 12

**Cost:** \$10 per person

**Day:** Saturday, August 2

**Time:** 10:00am

[MORE INFO / REGISTER HERE](#)

### Beaded Sun Catchers

Create a twirling suncatcher for your garden, patio or porch. We will use an assortment of stone, clay and glass beads. Options to string or wire-wrap the beads. All materials are included. Max: 12

**Cost:** \$10 per person

**Day:** Saturday, August 16

**Time:** 10:00am

[MORE INFO / REGISTER HERE](#)

**Location:** Community Garden in Pioneer Park, E. Indiana Ave. & SE 2nd St., Berthoud, CO 80513





# BERTHOUD LOCAL CLASSES

## Cooking with Sunshine: Fuel-free Cooking

In this 90-minute course, sustainability expert Dee M. Davis will teach you the ins and outs of solar cooking, help you select the right type of oven for you, and answer questions such as: how long will it take, will I overcook/undercook my food, will critters steal my food, do I have to keep turning the food to face the sun or how much does a solar oven cost? Various solar ovens will be available for demonstration. Instructed by Dee M. Davis, entrepreneur and sustainability guru. *Max: 35*

**Cost:** \$10 per person

**Day:** Wednesday, August 20

**Time:** 6:00pm

**Location:** Berthoud Community Library,  
236 Welch Ave., Berthoud, CO 80513

[MORE INFO / REGISTER HERE](#)

## Root Shoot Malting Tour

Root Shoot is a fifth-generation farm growing barley, wheat, rye, oats and corn to service the brewing and distilling markets. The tour will be of the malting facility, located at the farm where we process materials to be malted. Provided will be a bit of history on the family, the farm, malting operations and overview of the company looking toward the future. Q&A time provided. Instructed by Mike Meyers, Operations and Maltster. *Max: 20*

**Cost:** \$10 per person

**Day:** Friday, September 5

**Time:** 2:00pm

**Location:** Root Shoot Malting, 3553 Highway 60,  
Loveland, CO 80537

[MORE INFO / REGISTER HERE](#)

## Desiderata Ranch Tour

Join us for a morning tour of our small farm in southwest Berthoud. The tour includes visiting our 60-foot-high tunnel, our 24-foot hydroponics house, our small fields, berry patches and our landscaped garden. Samples will be available of the jam and jelly we make right here on the farm and are available to purchase, as is the produce we grow. Tour led by Pam Bradley, Owner. *Max: 30*

**Cost:** \$10 per person

**Day:** Saturday, September 13

**Time:** 11:00am

**Location:** Desiderata Ranch, 4617 W. County Road 2,  
Berthoud, CO 80513

[MORE INFO / REGISTER HERE](#)

## Fall Gardening

This fall gardening class focuses on preparing your garden for the cooler months, teaching techniques for planting fall crops and maintaining soil health. Participants will learn about seasonal plants, proper harvesting methods, and how to protect your garden from frost. Instructed by Emmy Ingham, RDN, and Community Garden Manager. *Max: 20*

**Cost:** \$10 per person

**Day:** Tuesday, September 23

**Time:** 5:00pm

**Location:** Community Garden in Pioneer Park,  
E. Indiana Ave. & SE 2nd St., Berthoud, CO 80513

[MORE INFO / REGISTER HERE](#)

## Cheese Making

Make your own ricotta from scratch while getting your hands messy and learning why and how milk transforms into cheese. We will also discuss "Cheese Through Time" where we'll talk about how ancient folks discovered cheese and how it became such a big deal in food history. Sample different varieties afterward while chatting about what makes each one special. Instructed by Rachel Wildman, 4H Youth Development Specialist with Larimer County Extension. *Max: 20*

**Cost:** \$10 per person

**Day:** Saturday, October 4

**Time:** 2:00pm

**Location:** Berthoud Community Library,  
236 Welch Ave., Berthoud, CO 80513

[MORE INFO / REGISTER HERE](#)

## Introduction to Mushrooms at Orion's Apothecary

Orion's Apothecary's Introduction to Mushrooms class provides information about the benefits of functional mushrooms, how to grow mushrooms and general mushroom knowledge. Instructed by Eric Sudhalter, owner of Orion's Apothecary & Mushrooms. *Max: 30*

**Cost:** \$10 per person

**Day:** Saturday, October 25

**Time:** 11:00am

**Location:** 270 E. 29th St.,  
Loveland, CO 80538

[MORE INFO / REGISTER HERE](#)

# SPONSOR SPOTLIGHT



## Support your community while giving your business exposure!

Partner with Berthoud Recreation to boost your local presence while making a positive impact. Our sponsorship opportunities connect you directly with residents and build lasting community goodwill.

### 2025 Sponsorship Opportunities Are Now Available

- Sponsor youth sports teams
- TV screen advertisement inside Berthoud Recreation Center
- Spotlight in activity guides, e-newsletters, social media and Berthoud.org
- Feather flags and banners displayed at sports fields
- 3rd of July and other events opportunities

#### Let's grow together!

Call us at 970-532-1600 or email Connor at [cmartin@berthoud.org](mailto:cmartin@berthoud.org) to learn more.

[CLICK HERE TO LEARN MORE](#)



### ALL AMERICAN FOOD®

802 Mountain Ave., Berthoud  
(970) 532-2272

[CLICK HERE FOR MORE INFO](#)

### A&W Berthoud

The Berthoud A&W would like to thank the Berthoud community for supporting us for the last 52 years! We still make our A&W Root Beer fresh in the restaurant, our signature item since their first opening of the tiny root beer stand in 1919. A&W Root Beer is made with real cane sugar and a special blend of herbs, spices and berries. Served up in a frosty mug, this root beer is something to cheer about and it's only available at your local A&W. Stop by for some hand-breaded chicken tenders, Wisconsin white cheddar cheese curds, and a mug of made-fresh A&W Root Beer. Thanks, Berthoud, we'll see you soon at A&W!



CHRISTINE  
TORRES  
RE/MAX  
ALLIANCE

### Christine Torres - RE/MAX Alliance

Why choose me for your real estate goals? You want an expert on residential construction and on the Berthoud area amenities, schools, events, soils, builders and upcoming residential, commercial and town projects.

How does one acquire that knowledge? I have had the pleasure of being an involved Berthoud resident of 25 years. My three young adult kids went through the Berthoud schools, sports and music programs. Working with a custom builder for 7+ years and representing a local residential developer has deepened my knowledge of residential construction, zoning, water rights, septic and areas of concern for expansive soil and high water tables. I have a deep rolodex of trusted residential contractors, trades and lenders. We have built a trusted CT team including a transaction coordinator, local graphic artist, stager, professional photographer and seasoned lenders. We value old-fashioned customer service and consistent, clear communication for our clients. A portion of my sales goes right back into Berthoud nonprofits, rec center programs and school sports that I avidly support and am an active participant in. I love this town and our community and I would be honored to be trusted to help you with your real estate objectives.

750 W. Eisenhower Blvd., Loveland  
(720) 320-1405

[CLICK HERE FOR MORE INFO](#)



**SHERPA**  
EQUIPMENT COMPANY

### Sherpa Equipment Company

Sherpa Equipment Company designs and builds premium roof rack systems that help adventurers explore with confidence. Based in Berthoud, we take pride in crafting our products in the USA using high-quality materials to ensure strength, durability, and lightweight performance. Our racks are designed to be modular and easy to use, allowing outdoor enthusiasts to securely carry gear for every adventure —whether it's camping, overlanding, skiing, mountain biking or beyond.

We believe in the spirit of exploration and the importance of reliable gear to support it. That's why we provide simple, adaptable and long-lasting solutions that let you focus on the adventure. We back our products with a lifetime warranty, standing behind the craftsmanship and quality that go into every rack.

At Sherpa, we're more than just a gear company—we're part of a community of adventurers. We're passionate about inspiring others to get out and explore, while building connections with like-minded individuals who share a love for the outdoors. With Sherpa Equipment Company you can Adventure with Confidence knowing your gear is built to go the distance.

1005 N. 2nd St., Berthoud  
(970) 660-8134

[CLICK HERE FOR MORE INFO](#)



Thank You  
TO OUR CURRENT  
BERTHOUD RECREATION  
2025 SPONSORS

### MVP Sponsors



The Town of Berthoud and Berthoud Recreation would like to thank these businesses for their continued partnership. Each sponsor helps us keep programming affordable for our users, so please make sure to show your support to these amazing businesses! If you would like more information about becoming a sponsor for recreation programs and activities, email [recreation@berthoud.org](mailto:recreation@berthoud.org) or call (970) 532-1600.

### All Star Sponsors



CHRISTINE  
TORRES  
RE/MAX  
ALLIANCE



### Champion Sponsors



Jamie Kimberlin  
Real Estate Professional  
Talent Co. Real Estate